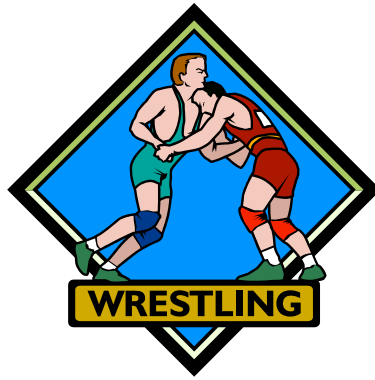


PIONEER
M
WRESTLING
CAMP
JULY 6-10,
2009



Send your registration or contact for more information:

Chris Haines

Millbrook High School

251 First Woods Drive

Winchester, VA 22603

540-545-2800 ext. 41111

hainesc@frederick.k12.va.us

WWW.MILLBROOKMADMEN.ORG

Enclosed is my tuition of \$60.00 for the Millbrook Wrestling Camp. I give my consent and approval to the participation of my son in this wrestling camp. I certify he is physically fit to take part in all the activities. I also agree that the tuition will **NOT** be refunded under any circumstance. I pledge his compliance to all camp rules.

Date _____ Parent Signature _____

Make checks payable to Millbrook High School. Due no later than June 12, 2009.

Mail to: Coach Chris Haines
Millbrook High School
251 First Woods Drive
Winchester, VA 22603

Name: _____
 Phone# _____ Address: _____

City: _____ State: _____ Zip _____ Age: _____
 Grade-Next Year: _____ School-Next Year: _____ Weight _____

Camp Times- 8:00am-11:00am

Circle T-shirt Size: (Adult) S M L XL (Youth) S M L XL
 Parents' /Guardians' Name(s): _____ Daytime Phone #: _____

*All participants must be covered by medical insurance

Insurance Company: _____ Group#: _____ Policy#: _____

If you wish to purchase school insurance, Please call 545-2800 for the necessary forms.

Pioneer Wrestling Camp

Pioneer Camp Grades K-8

July 6- 10, 2009

8am-11am

Millbrook High School

Objectives: To teach and develop wrestling skills for wrestlers of all ages with an emphasis on fundamentals.

Hours: Camp instruction will begin at 8am and conclude at 11am each day in the Millbrook High School gymnasium for the week of July 6-10. Campers must not arrive before 7:30am and must be picked up by 11:15am.

Dress: Each wrestler should be properly dressed in a T-shirt, shorts, and wrestling shoes.

T-shirts: Each camper will receive a T-shirt on the last day of camp.

Cost: The fee for the camp is \$70.00. Final payment is due no later than June 12, 2009, because of acquiring coaches and ordering T-shirts.

Odds and Ends: Instructional films may be shown. You may bring a drink daily. Please leave all valuables at home- the camp will not be responsible for lost or stolen items.

The camp staff will include local coaches, former wrestlers from the local high schools, former and current Division I and II wrestlers and coaches.

Summer Slam

Anyone who attends Pioneer Wrestling Camp will receive a discounted entry fee for the 2009 Summer Slam tournament on July 11.

www.millbrookmadmen.org

